

Forest Pulse is a registered charity based in the Forest of Dean. We offer inclusive activities to disabled children and young people aged 4-25 years living or attending school/college in the Forest of Dean and support for their families.



We provide:

- A wide and varied range of fun activities tailored to individual needs
- A safe and caring environment for your child or young person to develop
- Opportunities to build knowledge and experience
- Help with personal and social skills, to support relationship building and independence
- Dedicated and highly trained individuals who help and support our children and young people
- Advice and guidance on a wide range of issues
- Assistance with benefit and funding applications
- Signposting to other services
- Linking with other parents for mutual support
- Training

Small donations make a... **BIG** DIFFERENCE!

FOREST PULSE

CALL:
01594 826 357

EMAIL:
admin@forestpulse.co.uk

Help us raise much needed funds by joining our Fundraising Committee

Also shopping through **TheGivingMachine** will be of benefit to Forest Pulse

THANK YOU!

FOREST PULSE

Supporting children and young people with disabilities and their families



www.facebook.com/forestpulse

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Charity Number: 900216

Forest Pulse c/o Heart of the Forest Community Special School,
Speech House, Coleford, Gloucester, GL16 7EJ

FOREST PULSE

Supporting children and young people with disabilities and their families

A WORLD OF OPPORTUNITIES

Do you **have or care** for a **child or young adult** with a disability?

Are you **looking for a safe environment** for them to learn, make friends and have fun?



Would you like **information, support or guidance** on issues relating to your child?

WHY FOREST PULSE?



*“A place for children and young people to **have fun!**”*

What we offer:

- ✓ After School Clubs
- ✓ Weekend Clubs
- ✓ Holiday Clubs
- ✓ Creative Arts
- ✓ Music Sessions
- ✓ Bream Devils – weekly integrated Youth Club

We also run:

- ✓ Family Trips
- ✓ Independence Projects
- ✓ Sibling Projects
- ✓ Forest Friends Social Club
- ✓ Social Events

There really is something for everyone!

**CONTACT US
TO FIND OUT
MORE!**

“I send my son to Forest Pulse to ensure he can access activities and meet up with friends just like any other child. Forest Pulse understands his needs and keeps him safe.”

Clare, Parent Member



“I love doing the trips ‘cos we go places and they do really fun stuff with us.”

Jack, aged 12



“Over the years we have provided a happy, safe environment where hundreds of children and young people are valued. Our vision is to continue to do that for many years to come. Everything we do is centred around the safety and well-being of the children. We want them to have fun, make friends and feel more independent as a result of taking part in the activities we offer.”

Contact us on: **01594 826 357** or
email: **charitymanager@forestpulse.co.uk**
for more information.