

# FOREST PULSE

Supporting children and young people with disabilities and their families

## February 2024 Half Term Activities

If your child is interested in attending any of the below activities, please return the booking form, email your activity choices or book online - <https://bookaby.me/forest-pulse/whats-on> by **Thursday 1<sup>st</sup> February**. On receipt of the booking, we will send a letter with confirmation of your place after Monday 5<sup>th</sup> February. Please note that if you book your child in for an activity and they are unable to attend payment will still need to be made unless your child is attending respite, hospital appointment or admission. **For Independence and Family Trips please can you ensure that you arrive between 5 and 10 minutes before we are due to leave to ensure we are on time.**

**Monday 12<sup>th</sup> February: Activity Sessions** (4 - 25 years) - We will be having lots of fun, with games, music and art & craft at the activity sessions which will be held at Ruardean Village Hall. The cost is £20 per person. Please bring a drink and a packed lunch. 10am - 3pm.

**Tuesday 13<sup>th</sup> February: Activity Sessions** (4 - 25 years) - We will be having lots of fun, with games, music and art & craft at the activity sessions which will be held at Ruardean Village Hall. The cost is £20 per person. Please bring a drink and a packed lunch. 10am - 3pm.

**Wednesday 14<sup>th</sup> February: Trip to The Chamwell Centre (4 - 11 years old)** - We will be heading to The Chamwell Centre to explore their soft play. An exciting colourful adventure zone over three floors, accessible by wheelchair users, who can join in the fun of sliding, rolling, or bouncing from one activity to another. The equipment within the soft play is designed to stimulate the imagination and encourage exercise through play. It includes steps, slides, obstacles and hiding places. We will be having lunch at the centre so please indicate your food choices. We will be leaving Vantage Point Business Village at 10:30am and returning at 2:30pm. The cost is £20 per person.

**Thursday 15<sup>th</sup> February: Activity Sessions** (4 - 25 years)- We will be having lots of fun, with games, music and art & craft at the activity sessions which will be held at Ruardean Village Hall. The cost is £20 per person. Please bring a drink and a packed lunch. 10am - 3pm.

**Friday 16<sup>th</sup> February: Trip to Sherborne Cinema and lunch at Burger King (12 - 18 years old)** - The film is to be confirmed but we have been advise it maybe Migration (please note this film may change) - After a migrating duck family alights on their pond with thrilling tales of far-flung places, Pam persuades Mack to embark on a family trip, via New York City, to tropical Jamaica. As the Mallards make their way South for the winter, their well-laid plans quickly go awry. Afterwards, we will head to Burger King and you can pick between a cheese burger meal, ham burger meal, chicken nuggets meal or vegan nugget meal, all served with chips and a choice of a drink - water, capri sun or milk. We will be leaving Vantage Point Business Village at 9:45am and returning at 2pm. The cost is £20 per person.

Please complete the attached booking form or email [amy.millin@forestpulse.co.uk](mailto:amy.millin@forestpulse.co.uk) with your activity choices.

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**Forest Pulse - February 2024 Booking Form**

Name of Child/Children/Young Person .....

Please tick which activities your child/children would like to attend:

| Date       | Activity            | Number of Spaces Requested   |
|------------|---------------------|--|
| 12.02.2024 | Activity Session    |  |
| 13.02.2024 | Activity Session    |  |
| 14.02.2024 | The Chamwell Centre | Chicken nuggets, chips & beans<br>Fish finger, chips & beans<br>Sausage, chips & beans<br>Egg & chips<br>Chips   |
| 15.02.2024 | Activity Session    |  |
| 16.02.2024 | Sherborne Cinema    | Chicken nugget meal:<br>Cheese burger meal:<br>Ham Burger meal:<br>Vegan nugget meal:<br>Capri Sun Apple & Blackcurrant:<br>Capri Sun Orange Juice:<br>Milk: |

Signed..... Date.....

Print Name.....

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